



ROSEBUD PRIMARY SCHOOL



TERM 1 2022

CANTEEN MENU



ON-LINE LUNCH ORDERS

You can order your child's lunch online

Stir Crazy Kids

Down load the App at the App Store or Google play

Available early January 2022

We will have everything ready to go to make Lunch orders easy. All you need to do is register, add your kids, don't forget their grades, choose their lunch and we will take care of the rest. You can order in advance or on the day Ordering closes at 9am Too easy!!

Categories are the same as this menu.

Need some help! support@stircrazykids.com.au

Call 0405110407

CANTEEN LUNCH ORDERS

For orders direct to Canteen Please write the following details for your child's lunch order on a **Paper Bag**:

Child's Name & Grade, Food order, Cash amount enclosed

Food Allergies in **Red Pen**
Please provide one bag per order

*If a bag is not supplied 20c for a bag will need to be included.

* To help us to comply with Food Safety Regulations all Paper



Nutritional Guide

All The Food in this Canteen Menu has be ranked by Nutrition experts using smiley faces. This allows you to make informed choices about your child's daily nutritional requirements.

😊😊=Green 😊= Amber

This Menu is in line with the DEECD School Canteen and other School food Policy "

Whilst we offer Gluten Free choices they are prepared with care in a Gluten environment

WWW.STIRCRAZYKIDS.COM.AU

Facebook/[stircrazykidscanteen](https://www.facebook.com/stircrazykidscanteen)

TUMMY TEASERS

Available for lunch orders and every Canteen day at Recess and Lunchtime

😊😊	Orange 1/4	. 50c
😊😊	Slinky Apple	\$1.00c
😊😊	Slice of Fruit in Season	\$1.00c
😊	Mini Muffin	\$1.00c
😊	Anzac Biscuit	\$1.00c
😊	Corn Flake cookies (Gluten Free)	\$1.00c
😊😊	Garlic Finger	.50c
😊😊	Fresh pop corn Small	.50c
😊	Ginger Bread People	\$2.20
😊😊	Yoghurt Tubs—Topped with Fruit Coulis	
	SmI- \$1.00 Med- \$1.50 Lge-\$2.00	
	Available Frozen	
😊😊	Quelch—Frozen Fruit Icy Pole	\$1.00

DRINKS

😊😊	Juice Box 250ml— Apple /Orange	
	Apple & Blackcurrant	\$2.00
😊	Oak Milk 250ml	
	Choc / Straw /Van	\$2.60
😊😊	Plain Milk cup	\$2.60
😊😊	Lactose Free Choc Milk	\$2.60
😊	Hot Chocolate	\$2.20
😊😊	Bottled water	\$1.60



SPECIAL MEAL DAYS

MUNCHY MONDAY

- ☺☺ Sushi Rolls with Carrot & Cucumber
Serving size 2x1/2 Rolls Choose from:
Tuna, Chicken, Honey Soy Chicken
Or Avocado **\$5.50**
Soy Sauce .20

TASTY TUESDAY

- ☺☺ Beef Burger **\$5.00**
Add Cheese .50
With burger or tomato sauce .20

WICKED WEDNESDAY

- ☺☺ Parma Pocket **\$5.50**
Crumbed chicken patty with Napoli sauce,
ham, and cheese toasted in a wrap.

TEMPTING THURSDAY

- ☺ Steamed Dim Sims **\$1.00**
Gluten Free **\$1.60**
Soy sauce .20

FANCY FRIDAY

- ☺ Hot Dog or Vegan sausage
In a white long roll **\$4.00**
Add Cheese .50
sauce or mustard .20

SPECIAL MEAL DEAL

Include an Oak Milk or Plain Milk
for \$2.40

Add a Slinky Apple, Anzac, Corn
Flake Cookie or a Mini Muffin for
.90c each

RIGHT-ON-WRAPPS

Tortilla Style Wrap with your choice of:

- ☺☺ Cheese & Salad \$4.00
☺☺ Ham & Salad \$5.00
☺☺ Chicken & Salad \$5.00
☺☺ Tuna & Salad \$5.00

Add cheese for .50c and avocado for \$1.00

SUPER SALAD BOWL

- ☺☺ Super Salad Bowl **\$4.50**

Lettuce, Tomato, Carrot, Cucumber & Cheese

Add any extra filling for \$1.00 EA

Chicken, Ham, Tuna, Egg, or Avocado

YUM! YUM! YUM!



HOT ITEMS ANY DAY

Meal Deal Any Day

- ☺ Penne Pasta & Oak Milk \$6.40
Add a Slinky Apple, Anzac, Corn Flake Cookie
or a Mini Muffin for .90c each

- ☺☺ Penne Pasta with Cheese \$4.40
(Available Gluten Free) \$4.60
☺☺ Mini Corn Cob \$1.00
☺☺ Hard Boiled Egg \$1.00
☺☺ Fresh Chicken Zoomer
With or without cheese \$5.00
☺☺ Tuna, Chicken or Ham Melt
Toasted with Corn & cheese \$4.80
☺☺ Pita Pizzas Margarita \$4.00
Ham & Cheese \$4.40
Hawaiian \$4.80
Vegemite & cheese \$4.00

SUPER SANDWICHES

& ROCK 'N' ROLLS

Your Choice White Hi Fibre/Wholemeal
Rolls are available for an extra 60c
Gluten Free Bread .60& Lactose Free Cheese .60c

- ☺ Vegemite \$2.50
☺ Honey \$2.50
☺☺ Cheese \$2.80
☺☺ Cheese & Vegemite \$3.20
☺☺ Cheese & Lettuce \$3.40
☺☺ Cheese & Tomato \$3.40
☺☺ Egg \$3.30
☺☺ Egg & Lettuce \$3.70
☺☺ Fresh Chicken \$3.80
☺☺ Fresh Chicken & Salad \$5.00
☺☺ Ham \$3.80
☺☺ Ham & Salad \$5.00
☺☺ Ham & Cheese \$4.40

Extra fillings, Tomato, Cheese, Carrot, Lettuce

All extra fillings are 60c each

Avocado \$1.00

Truly Tasty Toasties

- ☺ Vegemite \$2.50
☺☺ Cheese \$2.80
☺☺ Ham \$3.80
☺☺ Ham & Cheese \$4.40
☺☺ Chicken & Cheese \$4.40
☺☺ Cheese & Vegemite \$3.20
☺☺ Cheese & Tomato \$3.40
☺☺ Ham, Cheese & tomato \$5.00

Order online Details PTO